

# Tuesday Night Prayer

Presider; O God come to our aid.

Resp; **O Lord make haste to help us.**

Presider; Glory be to the Father, and to the Son, and to the Holy Spirit.

Resp; **As it was in the beginning, is now and ever shall be, world without end. Amen.**



## Examination of conscience

### Hymn

Day is done, but love unfailing dwells ever here;  
Shadows fall, but hope prevailing, calms ev'ry fear.  
Loving Father, none forsaking,  
Take our hearts, of love's own making,  
Watch our sleeping, guard our waking, be always near.

Dark descends, but light unending shines through our night;  
You are with us, ever lending new strength to sight:  
One in love, your truth confessing,  
One in hope of heaven's blessing,  
May we see, in love's possessing, Love's endless light!

Eyes will close, but you, unsleeping, watch by our side;  
Death may come, in love's safekeeping still we abide.  
God of love, all evil quelling,  
Sin forgiving, fear dispelling,  
Stay with us, our hearts indwelling, this eventide.

## Psalm 142

Antiphon; **Do not hide your face from me, for in you have I put my trust**

Lord, listen to my prayer;  
Turn your ear to my appeal.  
You are faithful, you are just, give answer.  
Do not call your servant to judgment  
For no-one is just in your sight.

The enemy pursues my soul;  
He has crushed my life to the ground;  
He has made me dwell in darkness  
Like the dead, long forgotten.  
Therefore my spirit fails;  
My heart is numb within me

I remember the days that are past;  
I ponder all your works.  
I muse on what your hand has wrought  
And to you I stretch out my hands.  
Like a parched land my soul thirsts for you.

Lord, make haste and answer;  
For my spirit fails within me.  
Do not hide your face  
Lest I become like those in the grave

In the morning let me know your love  
For I put my trust in you.  
Make me know the way I should walk;  
To you I lift up my soul.

Rescue me Lord from my enemies,  
I have fled to you for refuge.  
Teach me to do your will  
For you, O Lord, are my God.  
Let your good spirit guide me  
In ways that are level and smooth

**Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now and ever shall be, world without end. Amen.**

Antiphon; **Do not hide your face from me, for in you have I put my trust**

**Scripture reading;** 1 Pet 5; 8-9

Be calm but vigilant, because your enemy the devil is prowling round like a roaring lion, looking for someone to eat. Stand up to him, strong in faith.

*Pause for silent reflection*

**Short responsory;**

**Presider;** Into your hands, Lord, I commend my Spirit.

Response; **Into your hands, Lord, I commend my Spirit.**

**Presider;** You have redeemed us, Lord God of truth

Response; **Into your hands, Lord, I commend my Spirit.**

**Presider;** Glory be to the father, and to the Son and to the Holy Spirit

Response; **Into your hands, Lord, I commend my Spirit.**

## **Canticle**

Antiphon; **Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.**

At last all powerful Master,  
you give leave to your servant  
to go in peace, according to your promise.

For my eyes have seen your salvation  
which you have prepared for all nations,  
the light to enlighten the Gentiles  
and give glory to Israel your people.

**Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now and ever shall be, world without end. Amen.**

Antiphon; **Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.**

## **Concluding prayer**

In your mercy Lord, dispel the darkness of this night.  
Let your household so sleep in peace,  
That at the dawn of a new day,  
They may with joy, waken in your name.  
Through Christ our Lord. **Amen**

## **Blessing**

Presider; The Lord grant us a quiet night and a perfect end.  
Resp; **Amen**

**Hail Mary .....**



# Thursday Night Prayer

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Resp; **As it was in the beginning, is now and ever shall be, world without end. Amen.**

## Examination of conscience

### Hymn

Oh, the love of my Lord is the essence  
of all that I love here on earth.

All the beauty I see he has given to me  
and his giving is gentle as silence.

Every day, every hour, every moment  
have been blessed by the strength of his love.  
At the turn of each tide he is there at my side,  
and his touch is as gentle as silence.

There've been times when I've turned from his presence,  
and I've walked other paths, other ways.  
But I've called on his name in the dark of my shame,  
and his mercy was gentle as silence.

### Psalm

Antiphon; **My body shall rest in safety**

Preserve me God, I take refuge in you.  
I say to the Lord, you are my God  
My happiness lies in you alone

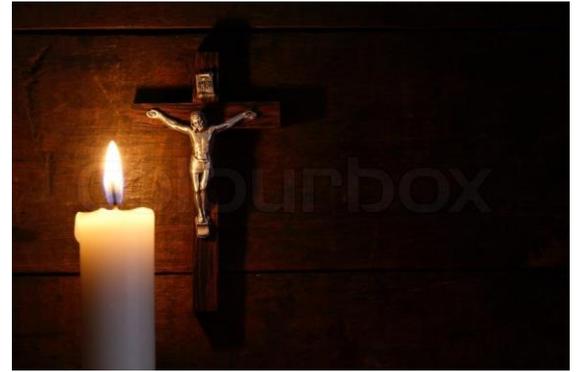
He has put into my heart a marvellous love  
For the faithful ones who dwell in his land  
Those who choose other gods increase their sorrows  
Never will I offer their offerings of blood  
Never will I take their name upon my lips.

O Lord it is you who are my portion and cup;  
It is you yourself who are my prize.  
The lot marked out for me is my delight.  
Welcome indeed the heritage that falls to me.

I will bless the Lord who gives me counsel.  
Who even at night directs my heart.  
I keep the Lord ever in my sight.  
Since he is at my right hand, I shall stand firm

And so my heart rejoices, my soul is glad;  
Even my body shall rest in safety.  
For you will not leave my soul among the dead,  
Nor let your beloved know decay.

You will show me the path of life,  
The fulness of joy in your presence,  
At your right hand, happiness for ever.



**Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now and ever shall be, world without end. Amen.**

Antiphon; **My body shall rest in safety**

**Scripture reading;** 1 Thess 5; 23

May the God who gives us peace make you completely his, and keep your whole being, spirit, soul and body, free from all fault at the coming of our Lord, Jesus Christ.

*Pause for silent reflection*

**Short responsory;**

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As it was in the beginning, is now and ever shall be, world without end. Amen.**

Antiphon; **Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.**

**Concluding prayer**

Lord our God, restore us again by the repose of sleep  
after the fatigue of our daily work.  
So that, continually renewed by your help,  
we may serve you in body and soul.  
Through Christ our Lord. **Amen**

**Blessing**

Presider; The Lord grant us a quiet night and a perfect end.  
Resp; **Amen**

**Hail Mary .....**